

Effective Parenting

Rearing children isn't easy as many parents can attest. We're not born knowing how to be parents - it's a learned skill! Often parents wonder when children should be taking their first step or uttering their first word. With this in mind D-blaze lifelong learning and professionals in the field is offering parents the possibility to this parent-enrichment workshop. This new workshop is set in mind to make child-rearing experts available to parents. The focus remains that the workshop is designed to be parent friendly rather than academic in tone. Each session is designed to promote interaction between participants and the speakers. "It's not just someone up there lecturing," D-Blaze team explains.

One of this workshop's session is "All Work and No Play: How to achieve balance in your family life". This session is focused on how to deal with the conflicting demands of work and family. Research advocates looking at your life as a whole, deciding what your priorities are and focusing time and attention on the things most important to you. Experts in this field suggest parents to "Lower the housework standards," pointing out that kids don't notice how clean the house is, but do notice how much time parents spend with them.

Other sessions include:

- **Stages of development:** where parents will have the opportunity to learn on communication skills, motor skills, socialisation and cognitive skills.
- **Immunisation.**
- **The importance of child play.**
- **Tame Those Tantrums** - Learn the concept of how less power means more. Learn how to diagnosis those tantrums and prevent them.
- **Enhancing Children's Self-Esteem** - Demonstrates methods of disciplining while instilling high self-esteem.

Effective Parenting:

8.30am-9.00am Registration

9.00am-9.45am 'All Work and No Play: How to achieve balance in your family life'.- Ms. Carmen Delicata

9.45am-10.15am 'Stages of Child Development' (birth till pre-adolescent). – Ms. Luisa Eminyan

10.15am-11.00am 'Enhancing Children's Self-Esteem' - Demonstrates methods of disciplining while instilling high self-esteem.- Ms. Carmen Delicata

11.00am- 11.30am Coffee break

11.30am -12.00pm 'The importance of play in children's development'. - Ms. Luisa Eminyan

12.00pm- 12.30pm 'Tame those tantrums' - Psychologist

12.30pm-1.00pm 'Immunisation' – Paediatrician

1.00pm-1.30pm 'Foot care in children' - Podologist from the Malta Association of podologists

**Programme may be subject to change*

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12th October 2009 at the 'Le Meridien Hotel & Spa', St. Julians

REGISTRATION FORM

Mr. Ms. Mrs. Dr. Job Title _____

Name & Surname _____

Work Address _____

City _____ Post code _____

Work Phone _____

Home address _____

City _____ Post code _____

Home Phone or Mobile number _____

E-mail address (required for confirmation*)

***Registration confirmation will be sent to you via e-mail. - Fiscal Receipt will be in the workshop folder.**

- Special Rate – Full day including coffee break and refreshment €25 (Booking till 18/09/09)**
- Standard Rate – Full day including coffee break and refreshment €30**
- Group Rate – Full day including coffee break and refreshment €25 per delegate in groups of 6 or more (to be eligible for this rate applications must be sent together in one batch)**

REGISTRATION CLOSING DATE: 6th October 2009.

There will be no refunds after 1st October 2009.

All cancellations before that date will be refunded less a 10 Euro handling fee.

The Organising Committee would like to inform you that the workshop can be cancelled if number of registrants will not exceed the desired quota. Should this happen all payments will be refunded back.

Please enclose registration form with cheque, payable to: "D-Blaze", and forward to:

D-Blaze, P.O. Box 7, Qormi, Malta.

For further information contact Mrs. J. Muscat: 99243850 or Mrs. M. Cutajar: 79730575

Email: dblaze07@gmail.com Website: www.d-blaze.com

Data Protection: The data on this form will be used for administration of this event and retained for future marketing.
 Tick the box if you do NOT wish to receive further information.

